



THE WEEKLY BULLETIN OF

THE ROTARY CLUB OF CAPE HENRY

Meeting every Wednesday at 7:30 AM

Virginia Beach Resort Hotel & Conference Center,
2800 Shore Drive Virginia Beach, Virginia USA
(Rotary District 7600) www.capehenryrotary.org

WEDNESDAY, March 24, 2010

Michael Dudley, President of Optima Health Care

Host Rotarian: Hank Kellam

03-31-2010	Heather McNeely	Field Trip to Judeo Christian Outreach Center
04-07-2010	David Hay	Audiologist Chris Maher "When The Brain Can't Hear"
04-14-2010	Art Knauer	Vanessa Torres, FBI Community Outreach Specialist
04-21-2010	President Jason	Club Assembly
04-28-2010	Lorraine Kohart	George Burton III, ACC Official, "Play in Review"
05-05-2010	Gary Mah	Dan Rivers, "Dream Analysis & Interpretation"
05-12-2010	Ron McLemore	To be determined
05-19-2010	Tom McLemore	Charlee Gowin, Hampton Roads Realtors Association
05-26-2010	Barbara Moore	David A. Hicks, Wounded Warriors
06-02-2010	Carl Pierson	To be determined
06-09-2010	Thom Prevette	To be determined
06-16-2010	Claudia Puopolo	To be determined
06-23-2010	Buddy Redfearn	To be determined

If you see "To Be Determined" by your name please notify Robin of your speaker and topic ASAP!!

UPCOMING...

Board Meetings: 3rd Tuesday of each month, Executive Board Room, 8th Floor of the VB Resort Hotel, 6:30 PM.

April 24, 2010: District Assembly at Virginia Wesleyan, 9 AM to 3 PM. Support Jayne!

Visiting Rotarians Last Week

none

Guests Last Week

None...INVITE A GUEST TO ROTARY!

Convenient local and online make-up meeting locations are on the back!



Jack Greenhalgh, former Cape Henry Rotarian, spoke to the club about Honor Flight. This group takes WWII veterans to visit the National World War II Memorial and other venues in Washington. Jack was hosted by his USNA Class of 1960 classmate Bill Kee.



Norbert Lux, formerly of the Rotary Club of Berlin-Brücke der Einheit joined the club last week. His sponsor is Berend Burwitz and he is a NATO military officer from Germany. Please welcome Norbert to the club!

The best doctor in the world is the veterinarian. He can't ask his patients what is the matter-he's got to just know. *Will Rogers (1879 - 1935)*

Beware of all enterprises that require new clothes. *Henry David Thoreau (1817 - 1862)*

The nice thing about being a celebrity is that when you bore people, they think it's their fault. *Henry Kissinger (1923 -)*

District Assembly is Saturday, April 24 from 9 to 3 at Virginia Wesleyan. **Come support Cape Henry's own incoming District Governor Jayne** and meet other Rotary leaders. All officers and board members should attend, open to ALL Rotarians!

THE FOUR WAY TEST of the things we think, say or do:

1. Is it the **Truth**? 2. Is it **Fair** to all concerned? 3. Will it build **Goodwill and Better Friendships**? 4. Will it be **Beneficial** to all concerned?