



THE WEEKLY BULLETIN OF

THE ROTARY CLUB OF CAPE HENRY

Meeting every Wednesday at 7:30 AM

Virginia Beach Resort Hotel & Conference Center,
2800 Shore Drive Virginia Beach, Virginia USA
(Rotary District 7600) www.capehenryrotary.org

WEDNESDAY, March 17, 2010

Jack Greenhalgh, "Honoring our Veterans"

Host Rotarian: Bill Kee

03-24-2010	Hank Kellam	Michael Dudley, President of Optima Health Care
03-31-2010	Heather McNeely	Field Trip to Judeo Christian Outreach Center
04-07-2010	David Hay	Audiologist Chris Maher "When The Brain Can't Hear"
04-14-2010	Art Knauer	Vanessa Torres, FBI Community Outreach Specialist
04-21-2010	President Jason	Club Assembly
04-28-2010	Lorraine Kohart	To be determined
05-05-2010	Gary Mah	Dan Rivers, "Dream Analysis & Interpretation"
05-12-2010	Ron McLemore	To be determined
05-19-2010	Tom McLemore	Charlee Gowin, Hampton Roads Realtors Association
05-26-2010	Barbara Moore	To be determined
06-02-2010	Carl Pierson	To be determined
06-09-2010	Thom Prevette	To be determined
06-16-2010	Claudia Puopolo	To be determined

If you see "To Be Determined" by your name please notify Robin of your speaker and topic ASAP!!

UPCOMING...

Board Meetings: 3rd Tuesday of each month, Executive Board Room, 8th Floor of the VB Resort Hotel, 6:30 PM.

April 24, 2010: District Assembly at Virginia Wesleyan, 9 AM to 3 PM. Support Jayne!

Visiting Rotarians Last Week

Norbert Lux, Berlin.

Guests Last Week

Dan Rivers, guest of Gary Mah

Convenient local and online make-up meeting locations are on the back!



Bill Dittmar, the publisher of Executive Lifestyle Magazine spoke to the club last week about his passion for soccer and the World Cup. He was hosted by Edén Jones.



Rotarians, including honorary Cape Henry Rotarian former Mayor Meyera Oberndorf, celebrate Liana's Citizenship Anniversary Party on February 21.



Gary Mah presented Sidne Dickenson with her Blue Badge last week. Congratulations to Sidne on becoming a full member!

District Assembly is Saturday, April 24 from 9 to 3 at Virginia Wesleyan. **Come support Cape Henry's own incoming District Governor Jayne** and meet other Rotary leaders. All officers and board members should attend, open to ALL Rotarians!

Happy St. Patrick's Day! Here are some fun facts:

- ⇒ The Irish have observed this day as a religious holiday for over a thousand years.
- ⇒ The first St. Patrick's Day parade took place not in Ireland but in the United States. Irish soldiers serving in the English military marched through New York City on March 17, 1762
- ⇒ Chicago is famous for a somewhat peculiar annual event: dyeing the Chicago River green. The tradition started in 1962, when city pollution-control workers used dyes to trace illegal sewage discharges and realized that the green dye might provide a unique way to celebrate the holiday.



THE FOUR WAY TEST of the things we think, say or do:

1. Is it the **Truth**?
2. Is it **Fair** to all concerned?
3. Will it build **Goodwill and Better Friendships**?
4. Will it be **Beneficial** to all concerned?