



THE WEEKLY BULLETIN OF

THE ROTARY CLUB OF CAPE HENRY

Meeting every Wednesday at 7:30 AM

Virginia Beach Resort Hotel & Conference Center,

2800 Shore Drive Virginia Beach, Virginia USA

(Rotary District 7600) www.capehenryrotary.org

**WEDNESDAY, February 10, 2010**

Past District Governor Bill Pollard "The Rotary Foundation - Why?"

Host Rotarian: **Larry Ronan**

02-17-2010	Brad Martin	Lewis White "Engineers Without Borders"
02-24-2010	Kathy Jeffries	Seton Youth Shelters' Mentoring Program
03-03-2010	Bill Joseph	Fred Weston, LCSW, Clinical Director of The Up Center
03-10-2010	Eden Jones	Bill Dittmar, Executive Lifestyle Magazine
03-17-2010	Bill Kee	Jack Greenhalgh "Honoring our Veterans"
03-24-2010	Hank Kellam	Michael Dudley, President of Optima Health Care
03-31-2010	Heather McNeely	FIELD TRIP: Judeo-Christian Outreach Center
04-07-2010	David Hay	Audiologist Chris Maher "When The Brain Can't Hear"
04-14-2010	Art Knauer	To be determined
04-21-2010	President Jason	Club Assembly
04-28-2010	Lorraine Kohart	To be determined
05-05-2010	Gary Mah	To be determined
05-12-2010	Ron McLemore	To be determined

If you see "To Be Determined" by your name please notify Robin of your speaker and topic ASAP!!

UPCOMING...

**Board Meetings:** 3rd Tuesday of each month, Executive Board Room, 8th Floor of the VB Resort Hotel, 6:30 PM.

**February 20, 2010:** Bowl-A-Thon date. Get teams & sponsors now!

Visiting Rotarians Last Week

Norbert Lux, Berlin (and guest of Berend); Shannon Glover, Churchland; Bill Wright, Winter Park FL; Jack Crocker, Petersburg

Guests Last Week

Jan Johnson (Jeremy); Donna Brigg (Shannon Glover)

Convenient local and online make-up meeting locations are on the back!



Patrick Evans-Hylton, the Senior Editor for food & wine - Hampton Roads Magazine and Executive Editor of Virginia Wine Lover Magazine spoke to the club last week. He was hosted by Jeremy Johnson.

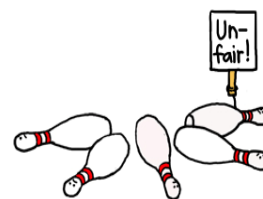


Lorraine Kohart received her blue badge last week.

**10 DAYS UNTIL THE BOWL-A-THON!**

What can you do to help?

- ◆ Sign up bowling teams
- ◆ Get banner sponsors
- ◆ Get silent auction items
- ◆ Show up and participate!



bowling pins on strike

**THE FOUR WAY TEST** of the things we think, say or do:

1. Is it the **Truth**?
2. Is it **Fair** to all concerned?
3. Will it build **Goodwill and Better Friendships**?
4. Will it be **Beneficial** to all concerned?