



THE WEEKLY BULLETIN OF

THE ROTARY CLUB OF CAPE HENRY

Meeting every Wednesday at 7:30 AM

Virginia Beach Resort Hotel & Conference Center,

2800 Shore Drive Virginia Beach, Virginia USA

(Rotary District 7600) www.capehenryrotary.org

WEDNESDAY, November 4, 2009

Dr. David Maizel, Executive Medical Director, Sentara

Host Rotarian: George Deindorfer

11-11-2009	Robin Gasser	Rob Dudley, GoldKey/PHR - JT's Grommet Island Park
11-18-2009	Christine Early	"Beyond Boobs" Breast Cancer Awareness
11-25-2009	Frank Decker	Craig Wilson, "A Perspective on Future Trends"
12-2-2009	CAPE HENRY HOLIDAY PARTY at Rudees 6 to 9 PM , <u>No morning meeting</u>	
12-09-2009	Morris Ellison	To be determined
12-16-2009	Marilyn Fall	Hospice Alliance of Hampton Roads
12-23-2009	Rick Feineis	To be determined
12-30-2009	Liana Fleming	To be determined
01-06-2010	Cathie France	To be determined
01-13-2010	Jocelyn Ellison	David Kunkel: Symphonicity—The Orchestra of VB
01-20-2010	Doug Hall	To be determined
01-27-2010	Lockett Garnett	To be determined
02-03-2010	Wally Handeland	To be determined

If you see "To Be Determined" by your name please notify Robin of your speaker and topic ASAP!!

UPCOMING...

Board Meetings: 3rd Tuesday of each month, Executive Board Room, 8th Floor of the VB Resort Hotel, 6:30 PM.

November 14: Chesapeake Bay Wine Classic, 31 Volunteer Slots, see Jeremy for details

December 2: Cape Henry Holiday Party at Rudees, 6 to 9 PM

Visiting Rotarians Last Week

Tom Wood, Northside Norfolk

Guests Last Week

T J Prieur, guest of Marilyn Fall; Mark Joseph, guest of Bill Joseph; Lee Handeland, guest of Wally Handeland

Convenient local and online make-up meeting locations are on the back!



Make sure you turn in your Bay Beach money ASAP!



Every Rotarian should have a minimum of ten (10) tickets bought or sold.



Sidne Dickenson was inducted into the club last week. A Paul Harris Fellow formerly with the Downtown Roanoke (VA) Club, she was sponsored by Eden Jones.



Political commentator, talk show host and pundit Joel Rubin spoke to the club last week about the statewide and General Assembly elections. He was hosted by Claudette Dorn who works to support the VBEA.

November is Rotary Foundation Month

The mission of **The Rotary Foundation** is to enable Rotarians to advance world understanding, goodwill, and peace through the improvement of health, the support of education, and the alleviation of poverty.

The Foundation is a not-for-profit corporation supported *solely by voluntary contributions* from Rotarians and friends of the Foundation who share its vision of a better world.

Every amount contributed to **The Rotary Foundation** is spent in support of humanitarian, educational, and cultural programs and their operations. Clubs and districts apply for and receive Foundation grants to carry out worthy projects worldwide.

Cape Henry Rotarians should support the **Every Rotarian Every Year** program. To be sustaining members at \$100, please consider bringing in a check made out to "The Rotary Foundation" to a club meeting this month.

These bulletins look a lot better in color! Check them out at www.capehenryrotary.org

THE FOUR WAY TEST of the things we think, say or do:

1. Is it the **Truth**?
2. Is it **Fair** to all concerned?
3. Will it build **Goodwill and Better Friendships**?
4. Will it be **Beneficial** to all concerned?