



THE WEEKLY BULLETIN OF

THE ROTARY CLUB OF CAPE HENRY

Meeting every Wednesday at 7:30 AM

Virginia Beach Resort Hotel & Conference Center,

2800 Shore Drive Virginia Beach,

Virginia USA (Rotary District 7600)

WEDNESDAY, August 15, 2007

Today's Program

KATHY JEFFERIES, THE SETON HOUSE

Host Rotarian: Judy Cocherell

08-22-2007	Dennis Clancey	Sihl Corporation
08-29-2007	Cathy Castle	Fran Johnson, Registered Dietitian, Grocery Shopping: Health or Habit
09-05-2007	Frank Decker	To be determined
09-12-2007	George Deindorfer	To be determined
09-19-2007	NO MORNING MEETING, District Governor Official Visit at PA Rotary Club Lunch	
09-26-2007	Sheila Ferguson	Abandonment
10-03-2007	Lockett Garnett	Les Flora - Underwater gas pipeline from Hampton to Norfolk
10-10-2007	Bob Hall	Dr. Pat Konopnicki, VB Public Schools
10-17-2007	Doug Hall	Susan Hellstrom, Beach Health Clinic
10-24-2007	Claudette Dorn	To be determined
10-31-2007	Anne (Hardin) Mann	To be determined

If you see "To Be Determined" by your name please notify Jason of your speaker and topic ASAP!!

UPCOMING...

Board Meetings, 2nd Tuesday of each month, 6:30 PM at Buddy Redfearn's house, 2996 Island Lane

September 19: Official Visit of District Governor at Princess Anne Rotary Club, Crowne Plaza on Bonney Road at lunch, details to follow

Bay Beach Festival at Camp Pendleton October 6 **DETAILS TO FOLLOW!**

Wine Classic at Bayville Farms, Saturday November 10. See Doug Hall for more information

VISITING ROTARIANS LAST WEEK:

Richard Love, Princess Anne; Ed Estes, Norfolk Downtown

GUESTS LAST WEEK:

Dave Edwards, guest of Sheila; Larry Mann, guest of Anne; James Laumann, guest of our speaker



Marcie Laumann, president of the Hampton Roads Piranhas soccer team spoke to the club last week (her husband "Doc" is in the foreground). She was hosted by Jamie Caron.



Bob Limbrick was inducted as a new member last week. He was "substitute-sponsored" by Gary Mah for Dick Biondo. Bob is classified as "small business owner" with Snappy Auctions.

ROTARY FALL BASH (formerly Bay Beach Festival) Ticket Sales Teams

CAPTAIN TIM BARROW: Charlie Ansell, Roger Bequette, Doug Hall, Hank Kellam, Barbara Moore, Armond Reich, Jim Wood

CAPTAIN LARRY BELL: Max Bartholomew, George Deindorfer, Wally Handeland, Art Knauer, Dave Pasko, Willard Robbins, H. Harrell

CAPTAIN FRANK DECKER: Dick Biondo, Claudette Dorn, Anne Mann, Gary Mah, Carl Pierson, Rick Savino

CAPTAIN JAMIE CARON: Cathy Castle, John Watkins, Susan McCulloch, Claudia Puopolo, Rodger Schoonover, Bob Limbrick

CAPTAIN EDEN JONES: Dennis Clancey, Cathie France, Bill Joseph, Tom McLemore, Ron McLemore, Jayne Sullivan

CAPTAIN BUDDY REDFEARN: Judy Cocherell, Lockett Garnett, Bill Kee, Jason Miyares, Thom Prevette, Jim Vermillion, PJ Whitney

CAPTAIN LARRY BENNETT: David Hay, Doug Hall, Trafford Hill, Norm Venzke, Steve Vinson, Sheila Ferguson

Reminds me of my safari in Africa. Somebody forgot the corkscrew and for several days we had to live on nothing but food and water. **W. C. Fields (1880 - 1946)**

THE FOUR WAY TEST of the things we think, say or do:

1. Is it the **Truth**?
2. Is it **Fair** to all concerned?
3. Will it build **Goodwill and Better Friendships**?
4. Will it be **Beneficial** to all concerned?